Jayson Williams, former Professional Basketball Player, New Jersey Nets

Jayson Williams was born and raised in Manhattan, New York City, New York where he graduated from Christ the King High School. Jayson was a graduate of St. John’s University where he played basketball and won the NIT Championship and was also the MVP. He went first round in the NBA draft and played 10 years in the NBA becoming an NBA All Star and one of the most dominant rebounders in the history of the game. His career ended after a gruesome injury, where then he fell into some challenges. He experienced a lot of trauma in his life with the loss of 3 of his sisters to violent/drug related incidents and getting into trouble himself.

He came down to South Florida in December 2015 to get help for his substance abuse issues due to the trauma and he had signed up for a 30-day high-end luxury program in South Florida. He became the first NBA player to complete a full treatment program. Though his brief stay was successful, he knew he needed more help as what he had been through wasn’t enough to keep him sober, let alone those who also go through similar programs all over the country. He joined forces with his business partner and began volunteering at other facilities to help implement a program. Jayson came up with a plan he called adventure therapy. In the process, he learned the business and opened his own facility following his vision. After almost a year of volunteering, Jayson opened Rebound, along with the blessing of the NBA to call his facility their official facility for their players and employees. Jayson spends almost 18 hours a day sometimes, 7 days a week at Rebound with his teammates, not clients, getting better together. He serves as a role model, peer leader, lead visionary, and chief brand ambassador for Rebound. He is all hands-on deck with his program and doesn’t plan on doing anything else because he loves helping people, help him, stay healthy and sober.