



Behavioral Health

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Project Engage



Project Engage is an early intervention and referral to substance use disorder treatment program designed to help hospital patients who may be struggling with alcohol or drug use. Project Engage collaborates with hospital staff to identify and connect patients with community-based substance use disorder treatment programs and other resources. Project Engage has also formed a partnership with the construction industry to offer recovery support to employees from participating construction companies.

Project Engage integrates peers in recovery, who are called Engagement Specialists, into the clinical setting in the hospital to meet with patients at their bedside about their alcohol and/or drug use. The Engagement Specialists learn about the patient's goals and coordinate treatment options that support the patient's needs. The Engagement Specialists use motivational interviewing to empower each patient in the decision-making process, assisting them to take that critical first step to seek help for their substance use. Project Engage Social Workers are experts in community resources, in obtaining access to facilities in the area and in assisting the team to overcome barriers so patients can receive care and transition into treatment.

In addition to working with the patient and the hospital clinical team, Project Engage also works with treatment providers and insurers to develop a discharge plan to achieve the best possible outcome for each patient. After leaving the hospital and engaging in treatment, patients may have the opportunity to continue to work with an Engagement Specialist to help them stay engaged in their treatment.

History

Latest headlines

[Terry Horton testifies before U.S. Senate on opioid epidemic](#)

[Christiana Care partners with the Substance Abuse and Mental Health Services Administration to educate hospitals on Project Engage](#)

[Pain medicine specialist helps patients and care providers in complex cases](#)

Doctors & Staff

[Terry Horton, MD](#)

Related Pages

[Outpatient Behavioral Health Services](#)

Related Web Links

[HelpsHereDE.com](#)

[findtreatment.samhsa.gov](#)

Emergency Departments at Christiana and Wilmington hospitals in 2013.

Community and online resources

If you or a loved one are struggling with addiction, getting into treatment is an important first step. The State of Delaware offers a list of resources for substance abuse counseling and treatment at www.HelpsHereDE.com. You can also locate help and information at the Substance Abuse and Mental Health Services Administration at www.samhsa.gov and at the National Institute on Drug Abuse at www.drugabuse.gov.

Project Engage is a collaboration between Connections Community Support Programs, Inc. and Christiana Care Health System.

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Christiana Care is a private not-for-profit regional health care system and relies in part on the generosity of individuals, foundations and corporations to fulfill its mission. To learn more about how you can support our mission, please visit christianacare.org/donors.

Christiana Care Health System, PO Box 1668, Wilmington, DE 19899
800-693-CARE

