

SETON HALL | LAW

Healthcare Compliance
Certificate Program



Cecilia Stahlhut

Partner

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Cecilia Stahlhut Espinosa specializes in representing life sciences and consumer products companies throughout Mexico, with expertise in sanitary, health, and consumer law. She partners with clients across all phases of complex and innovative projects.

Her extensive regulatory experience encompasses pharmaceuticals, medical devices, research and development, digital health solutions, biotechnology, emerging technologies, controlled substances, and health regulatory compliance. She offers specialized knowledge in the regulation of cosmetics, food (including novel food and GMO's), alcohol, tobacco, high-tech devices, and consumer products across Mexico. She excels in developing and implementing regulatory strategies for companies regarding product advertising, labeling, post-market safety monitoring, manufacturing compliance, and new product launches.

Cecilia provides strategic counsel on sophisticated regulatory frameworks, business model restructuring companies, lifescience M&A transactions, market expansion to LATAM, clinical research initiatives, marketing authorization pathways, product standards, and complex labeling and advertising challenges.

A regular speaker and contributor to industry publications, Cecilia frequently provides training sessions to corporate clients on Life's Sciences, health and consumer topics. Her insights and practical advice equip her clients to navigate complex regulatory landscapes, ensure compliance, and bring innovative products to market with confidence.

Representative Experience:

- Advising top multinational companies in the planning and adoption of complex regulatory strategies in connection with business restructurings.
- Provided strategic regulatory advice and successfully secured approvals for the commercialization and importation of genetically engineered products , addressing one of the most contentious areas of food regulation in Mexico.
- Delivered real-time guidance during facility inspections and led the drafting and representation for over 300 compliance procedures
- Advising companies on approval and marketing authorization pathways and standards for regulated products and compliance with labeling.
- Reviewed advertising and promotion materials for various products; served

- on promotional review committees; advised clients on promotional activities.
- Collaborated with governmental agencies and trade organizations to shape policies that balance industry innovation with public health priorities.

Practice Areas

Pharmaceuticals and Biotechnology Regulatory

Health Law

Food Law

Consumer Law

Marketing and Advertising

Medical Device and Technology Regulatory

Compliance

Products Law

Commercial

Awards and Recognitions

Chambers and Partners

“Up and coming” in Life Sciences, 2025

Legal 500

“Next Generation Partner” in Life Sciences, 2025

LACCA

Approved in Administrative Law, 2025

Hispanic National Bar Association (HNBA)

Top Lawyers Under 40, 2023